

RG6568

:

Terry O Brien (72y, Male) - 9810263032

Date

:

06-Nov-2025

Diagnosis: HT - Hypertension, Type 2 Diabetes Mellitus, Early renal disease

Rx

| Medicine                                                                                                          | Dose      | Timing - Freq. - Duration | Qty |
|-------------------------------------------------------------------------------------------------------------------|-----------|---------------------------|-----|
| 1 JARDIANCE (25 MG)<br>Timing : 1 - After Breakfast                                                               | 1 — 0 — 0 | After Food - 3 months     | 90  |
| 2 AMARYL (2 MG)<br>Timing : 1 - Before Breakfast, 1 - Before Dinner                                               | 1 — 0 — 1 | Before Food - 3 days      | 6   |
| 3 HUMALOG MIX (50/50)<br>Timing : 1 - Morning, 1 - Dinner                                                         | 1 — 0 — 1 |                           | 32, |
| 4 NEFROSAVE (500 & 150)<br>Timing : 1 - After Breakfast, 1 - After Dinner                                         | 1 — 0 — 1 | After Food - 3 days       | 6   |
| 5 SILODAL (8MG)<br>Timing : 1 - After Dinner                                                                      | 0 — 0 — 1 | After Food - 3 months     | 90  |
| 6 ROSUVAS F (20 & 160)<br>Timing : 1 - After Dinner                                                               | 0 — 0 — 1 | After Food - 3 days       | 3   |
| 7 AMLOPRES (10 MG)<br>Timing : 1 - After Breakfast                                                                | 1 — 0 — 0 | After Food - 3 days       | 3   |
| 8 JANUMET (50/500)<br>Timing : 1 - After Breakfast, 1 - After Dinner                                              | 1 — 0 — 1 | After Food - 3 days       | 6   |
| 9 CARDACE (5 MG)<br>Timing : 1 - After Breakfast                                                                  | 1 — 0 — 0 | After Food - 3 days       | 3   |
| 10 LOT. DERMOCALM 100ML LOTION * *<br>Composition: CALAMINE + LIQUID PARAFFIN<br>Timing : 1 - Morning, 1 - Dinner | 1 — 0 — 1 | 2 months                  | 120 |

Next Visit : 05-Jan-2026 - Monday

# GANESH KUMAR R

89 Pkt D Mayur Vihar Phase 2, Delhi 91  
Phone: 9810056113

**Dr Raman Ganesh Kumar**

Consulting Physician

|               |   |                                               |
|---------------|---|-----------------------------------------------|
| <b>RG6568</b> | : | <b>Terry O Brien (72y, Male) - 9810263032</b> |
| <b>Date</b>   | : | <b>06-Nov-2025</b>                            |



**GANESH KUMAR R**  
**MD MEDICINE**  
**MCI 8460, DMC 3260**

## SHREYAS CLINIC

Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 71y / M

**Office ID:** RG6568

**Date:** 12-08-2025 11:49 am

**Mobile:** 9810263032

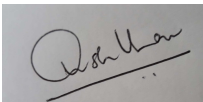
**Notes:** HbA1C 7.4/ FBS 142/ PPBS 151/ CBC- N / TG 363/ LFT- N / CREAT 1.5/ UREA 47/ TSH 1.2

**Diagnosis:** Type 2 Diabetes Mellitus (Poor follow up), HT - Hypertension (Poor follow up)

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                                         |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|-----------------------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner               |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                               |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                               |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner                 |
| 5  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                                  |
| 6  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner               |
| 7  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 32 - 0 - 26 | To Continue | Before Breakfast, Before Dinner, Subcutaneous |
| 8  | Tablet <b>Silodal (8mg)</b><br><i>SILODOSIN 8 MG</i>                                               | 0 - 0 - 1   | To Continue | After Dinner                                  |
| 9  | Tablet <b>Rosuvastatin F (20 &amp; 160)</b><br><i>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG)</i>    | 0 - 0 - 1   | To Continue | After Dinner                                  |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test, Fundoscopy

**Follow up:** 14 Oct 2025, Tuesday



**Dr. R Ganesh Kumar**

MD - General Medicine, MBBS

MCI 8460, DMC 3260

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Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 71y / M

**Office ID:** RG6568

**Date:** 24-02-2025 12:16 pm

**Mobile:** 9810263032

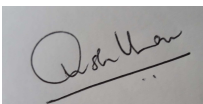
**Notes:** CBC- N / CREAT 1.41/ EGFR 53/ UREA 52/ LFT- N / TG 386/ FBS 152/ TSH 1.17/ PPBS 184/ HbA1C 8.4

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                                         |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|-----------------------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner               |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                               |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                               |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner                 |
| 5  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                                  |
| 6  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner               |
| 7  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 32 - 0 - 26 | To Continue | Before Breakfast, Before Dinner, Subcutaneous |
| 8  | Tablet <b>Rosuvastatin (20 mg)</b><br><i>ROSUVASTATIN(20 MG)</i>                                   | 0 - 0 - 1   | To Continue | After Dinner                                  |
| 9  | Tablet <b>Silodal (8mg)</b><br><i>SILODOSIN 8 MG</i>                                               | 0 - 0 - 1   | To Continue | After Dinner                                  |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test

**Follow up:** 10 Apr 2025, Thursday



**Dr. R Ganesh Kumar**

MD - General Medicine, MBBS

MCI 8460, DMC 3260

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D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 71y / M

**Office ID:** RG6568

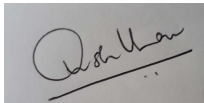
**Date:** 21-01-2025 10:07 am

**Mobile:** 9810263032

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                           |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|---------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner   |
| 5  | Tablet <b>Rosuvas F (20 &amp; 160)</b><br><i>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG)</i>         | 0 - 0 - 1   | To Continue | After Dinner                    |
| 6  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                    |
| 7  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 8  | Tablet <b>Gabapin ME 100</b><br><i>GABAPENTIN(100 MG) + METHYLCOBALAMIN(500 MCG)</i>               | 0 - 0 - 1   | To Continue | After Dinner                    |
| 9  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 30 - 0 - 24 | To Continue | Before Breakfast, Before Dinner |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test



**Dr. R Ganesh Kumar**  
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Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 70y / M

**Office ID:** RG6568

**Date:** 15-10-2024 08:50 am

**Mobile:** 9810263032

**Symptoms:** Chest Congestion

**Notes:** CXR - NAD

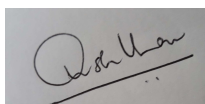
**Vitals:** BP: 160/82 mmHg

| Rx | Name                                                                                    | Frequency             | Duration | Notes                                         |
|----|-----------------------------------------------------------------------------------------|-----------------------|----------|-----------------------------------------------|
| 1  | Tablet <b>CLARIBID OD 500</b><br><i>CLARITHROMYCIN(500 MG)</i>                          | 1 - 0 - 0             | 5 Days   | After Breakfast                               |
| 2  | Tablet <b>Pulmoclear</b><br><i>ACEBROPHYLLINE(100 MG) + ACETYL<br/>CYSTEINE(600 MG)</i> | 1 - 0 - 1             | 10 Days  | After Breakfast, After Dinner                 |
| 3  | Syrup <b>Mucolite</b><br><i>AMBROXOL(30 MG)</i>                                         | 10 ml - 10 ml - 10 ml | 5 Days   | After Breakfast, After Lunch, After<br>Dinner |
| 4  | Respule <b>Foracort 1mg</b>                                                             | 1 - 1 - 1             | 1 Week   | After Breakfast, After Lunch, After<br>Dinner |

### Instructions:

Steam inhalation 3-4 times a day. Use either of Karol plus, Vicks vaporub, olesan drop in water for more effective steam inhalation

**Follow up:** 22 Oct 2024, Tuesday



**Dr. R Ganesh Kumar**

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DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 70y / M

**Office ID:** RG6568

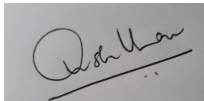
**Date:** 04-10-2024 12:45 pm

**Mobile:** 9810263032

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                           |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|---------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner   |
| 5  | Tablet <b>Rosuvastatin F (20 &amp; 160)</b><br><i>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG)</i>    | 0 - 0 - 1   | To Continue | After Dinner                    |
| 6  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                    |
| 7  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 8  | Tablet <b>Gabapin ME 100</b><br><i>GABAPENTIN(100 MG) + METHYLCOBALAMIN(500 MCG)</i>               | 0 - 0 - 1   | To Continue | After Dinner                    |
| 9  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 30 - 0 - 24 | To Continue | Before Breakfast, Before Dinner |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test



**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS  
MCI 8460, DMC 3260  
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Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 16-11-2023 10:05 am

**Mobile:** 9810263032

**Vitals:** BP: 140/76 mmHg

**Diagnosis:** LRTI Lower respiratory tract infection

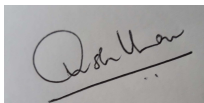
| Rx | Name                                                                                       | Frequency | Duration | Notes                                      |
|----|--------------------------------------------------------------------------------------------|-----------|----------|--------------------------------------------|
| 1  | Tablet <b>Claribid (500 mg)</b><br><i>CLARITHROMYCIN(500 MG)</i>                           | 1 - 0 - 1 | 10 Days  | After Breakfast, After Dinner              |
| 2  | Tablet <b>Stellin A</b><br><i>ACEBROPHYLLINE 100 MG+N-ACETYLCYSTEINE 600 MG</i>            | 1 - 0 - 1 | 10 Days  | After Breakfast, After Dinner              |
| 3  | Respule <b>Budecort (0.5 mg)</b><br><i>BUDESONIDE(0.5 MG)</i>                              | 1 - 1 - 1 | 10 Days  | After Breakfast, After Lunch, After Dinner |
| 4  | Tablet <b>Montek FX (10 &amp; 120)</b><br><i>MONTELUKAST(10 MG) + FEXOFENADINE(120 MG)</i> | 1 - 0 - 0 | 10 Days  | After Breakfast                            |
| 5  | Tablet <b>Meftal Forte</b><br><i>MEFENAMIC ACID(500 MG) + PARACETAMOL(325 MG)</i>          | 1 - 1 - 1 | 3 Days   | After Breakfast, After Lunch, After Dinner |

**Advised Investigations:** X Ray Chest, CBC - Complete Blood Count

**Instructions:**

Steam inhalation 3-4 times a day. Use either of Karol plus, Vicks vaporub, olesan drop in water for more effective steam inhalation

**Follow up:** 27 Nov 2023, Monday



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MD - General Medicine, MBBS  
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DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 12-07-2023 09:01 am

**Mobile:** 9810263032

**Notes:** CBC- N / CREAT 1.51/ EGFR 49/ TG 373/ HbA1C 8/ FBS 104/ TSH 1.09/ PPBS 172/

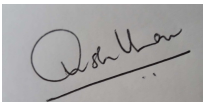
**Vitals:** BP: 132/68 mmHg

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                           |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|---------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner   |
| 5  | Tablet <b>Rosuvast F (20 &amp; 160)</b><br><i>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG)</i>        | 0 - 0 - 1   | To Continue | After Dinner                    |
| 6  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                    |
| 7  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 8  | Tablet <b>Gabapin ME 100</b><br><i>GABAPENTIN(100 MG) + METHYLCOBALAMIN(500 MCG)</i>               | 0 - 0 - 1   | To Continue | After Dinner                    |
| 9  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 30 - 0 - 24 | To Continue | Before Breakfast, Before Dinner |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test

**Follow up:** 12 Sep 2023, Tuesday



**Dr. R Ganesh Kumar**  
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DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 13-03-2023 10:03 am

**Mobile:** 9810263032

**Notes:** FBS 162/ PPBS 215

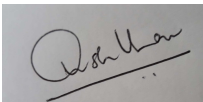
**Vitals:** BP: 136/90 mmHg

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                               | Frequency   | Duration    | Notes                           |
|----|----------------------------------------------------------------------------------------------------|-------------|-------------|---------------------------------|
| 1  | Tablet <b>Janumet (50/500)</b><br><i>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)</i>                    | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 2  | Tablet <b>Jardiance (25 mg)</b><br><i>EMPAGLIFLOZIN(25 MG)</i>                                     | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 3  | Tablet <b>Amlapres (10 mg)</b><br><i>AMLODIPINE(10 MG)</i>                                         | 1 - 0 - 0   | To Continue | After Breakfast                 |
| 4  | Tablet <b>Nefrosave (500 &amp; 150)</b><br><i>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)</i>      | 1 - 0 - 1   | To Continue | After Breakfast, After Dinner   |
| 5  | Tablet <b>Rosuvastatin F (20 &amp; 160)</b><br><i>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG)</i>    | 0 - 0 - 1   | To Continue | After Dinner                    |
| 6  | Tablet <b>Cardace (5 mg)</b><br><i>RAMIPRIL(5 MG)</i>                                              | 0 - 0 - 1   | To Continue | After Dinner                    |
| 7  | Tablet <b>Amaryl (2 mg)</b><br><i>GLIMEPIRIDE(2 MG)</i>                                            | 1 - 0 - 1   | To Continue | Before Breakfast, Before Dinner |
| 8  | Tablet <b>Gabapin ME 100</b><br><i>GABAPENTIN(100 MG) + METHYLCOBALAMIN(500 MCG)</i>               | 0 - 0 - 1   | To Continue | After Dinner                    |
| 9  | Injection <b>Humalog Mix (50/50)</b><br><i>INSULIN LISPRO(50%) + INSULIN LISPRO PROTAMINE(50%)</i> | 30 - 0 - 24 | To Continue | Before Breakfast, Before Dinner |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test

**Follow up:** 27 Apr 2023, Thursday



**Dr. R Ganesh Kumar**  
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D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 13-01-2023 09:08 am

**Mobile:** 9810263032

**Notes:** TG 267/ KFT- N /HbA1C 7.6/ FBS 109/ PPBS 138/ MAU 66/ EGFR 58/

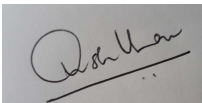
**Vitals:** BP: 136/96 mmHg

**Diagnosis:** Type 2 Diabetes Mellitus, HT - Hypertension

| Rx | Name                                                                                     | Frequency | Duration    | Notes                           |
|----|------------------------------------------------------------------------------------------|-----------|-------------|---------------------------------|
| 1  | Tablet <b>Amaryl (1 mg)</b><br>GLIMEPIRIDE(1 MG)                                         | 1 - 0 - 1 | To Continue | Before Breakfast, Before Dinner |
| 2  | Tablet <b>Janumet (50/500)</b><br>SITAGLIPTIN(50 MG) + METFORMIN(500 MG)                 | 1 - 0 - 1 | To Continue | Before Breakfast, Before Dinner |
| 3  | Tablet <b>Jardiance (25 mg)</b><br>EMPAGLIFLOZIN(25 MG)                                  | 1 - 0 - 0 | To Continue | After Breakfast                 |
| 4  | Tablet <b>Amlapres (10 mg)</b><br>AMLODIPINE(10 MG)                                      | 1 - 0 - 0 | To Continue | After Breakfast                 |
| 5  | Tablet <b>Nefrosave (500 &amp; 150)</b><br>N-ACETYL CYSTEINE(150 MG) + TAURINE(500 MG)   | 1 - 0 - 1 | To Continue | After Breakfast, After Dinner   |
| 6  | Tablet <b>Gabapin (100 mg)</b><br>GABAPENTIN(100 MG)                                     | 0 - 0 - 1 | To Continue | After Dinner                    |
| 7  | Tablet <b>Rosuvastatin F (20 &amp; 160)</b><br>FENOFIBRATE(160 MG) + ROSUVASTATIN(20 MG) | 0 - 0 - 1 | To Continue | After Dinner                    |
| 8  | Tablet <b>Cardace (5 mg)</b><br>RAMIPRIL(5 MG)                                           | 0 - 0 - 1 | To Continue | After Dinner                    |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test

**Follow up:** 13 Mar 2023, Monday



**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS  
MCI 8460, DMC 3260  
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## SHREYAS CLINIC

Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 06-01-2023 09:25 am

**Mobile:** 9810263032

**Vitals:** BP: 134/70 mmHg

**Diagnosis:** Type 2 Diabetes Mellitus (NO FOLLOW UP), HT - Hypertension (NO FOLLOW UP)

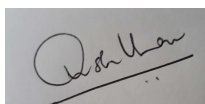
| Rx | Name                                                                                      | Frequency                | Duration | Notes                                         |
|----|-------------------------------------------------------------------------------------------|--------------------------|----------|-----------------------------------------------|
| 1  | Tablet <b>Pulmoclear</b><br>ACEBROPHYLLINE(100 MG) + ACETYL<br>CYSTEINE(600 MG)           | 1 - 0 - 1                | 5 Days   | After Breakfast, After Dinner                 |
| 2  | Syrup <b>Cofstop A</b><br>AMBROXOL(15 MG) + TERBUTALINE(1.25 MG)<br>+ GUAIPHENESIN(50 MG) | 7.5 ml - 7.5 ml - 7.5 ml | 5 Days   | After Breakfast, After Lunch, After<br>Dinner |
| 3  | Respule <b>Budesal (1 &amp; 1.25)</b><br>BUDESONIDE(1 MG) + LEVALBUTEROL(1.25<br>MG)      | 1 - 1 - 1                | 1 Week   | After Breakfast, After Lunch, After<br>Dinner |

**Advised Investigations:** FBS- Fasting Blood Sugar, PPBS-Postprandial Blood Sugar Test, Thyroid-Stimulating Hormone (TSH) Test, HbA1c Test, Lipid Profile Test, Kidney Function Test KFT, eGFR, Urine microalbumin

### Instructions:

Steam inhalation 3-4 times a day. Use either of Karol plus, Vicks vaporub, olesan drop in water for more effective steam inhalation

**Follow up:** 13 Jan 2023, Friday



**Dr. R Ganesh Kumar**

MD - General Medicine, MBBS

MCI 8460, DMC 3260

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Dr. R Ganesh Kumar's Clinic, Delhi 89 PKT  
D , MAYUR VIHAR-II, DELHI. Delhi 110091  
DELHI Delhi

**Dr. R Ganesh Kumar**  
MD - General Medicine, MBBS

**Name:** TERRY O BRIEN

**Age/Sex:** 69y / M

**Office ID:** RG6568

**Date:** 27-12-2022 05:43 pm

**Mobile:** 9810263032

**Vitals:** BP: 142/80 mmHg

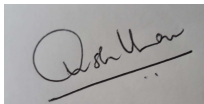
**Diagnosis:** Type 2 Diabetes Mellitus (NO FOLLOW UP), HT - Hypertension (NO FOLLOW UP), Acute febrile illness

| Rx | Name                                                                                          | Frequency                | Duration | Notes                                      |
|----|-----------------------------------------------------------------------------------------------|--------------------------|----------|--------------------------------------------|
| 1  | Tablet <b>Faronem ER (300 mg)</b><br><i>FAROPENEM SODIUM(300 MG)</i>                          | 1 - 0 - 1                | 10 Days  | After Breakfast, After Dinner              |
| 2  | Tablet <b>ZIDE P</b><br><i>PARACETAMOL(500 MG) + NIMESULIDE(100 MG)</i>                       | 1 - 0 - 1                | 2 Days   | After Breakfast, After Dinner              |
| 3  | Tablet <b>Pulmoclear</b><br><i>ACEBROPHYLLINE(100 MG) + ACETYL CYSTEINE(600 MG)</i>           | 1 - 0 - 1                | 1 Week   | After Breakfast, After Dinner              |
| 4  | Syrup <b>Cofstop A</b><br><i>AMBROXOL(15 MG) + TERBUTALINE(1.25 MG) + GUAIPHENESIN(50 MG)</i> | 7.5 ml - 7.5 ml - 7.5 ml | 5 Days   | After Breakfast, After Lunch, After Dinner |
| 5  | Respule <b>Budesal (1 &amp; 1.25)</b><br><i>BUDESONIDE(1 MG) + LEVALBUTEROL(1.25 MG)</i>      | 1 - 1 - 1                | 1 Week   | After Breakfast, After Lunch, After Dinner |

**Advised Investigations:** X RAY CHEST PA VIEW

### Instructions:

Steam inhalation 3-4 times a day. Use either of Karol plus, Vicks vaporub, olesan drop in water for more effective steam inhalation



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